

# Hope



No 19 – 2 Aug 2019

## HERSCHEL PREPARATORY SCHOOL

MUSIC

LIBRARY

PRE-PREPARATORY

FOUNDATION

INTERMEDIATE & SENIOR

## Message from our Head

Dear Parents

Assembly this week was led by our Counsellor, Miss Steenkamp. She spoke about relational aggression and explained that it is prominent amongst girls and it is important to help the girls to understand the concept of bullying to create a safe space for all girls in our school environment.

The following aspects were covered:

- What is bullying? The difference between being rude/ mean and bullying
- Is conflict normal?
- The difference between conflict and bullying
- The danger of keeping quiet and the importance of a support network at school and at home
- Factors related to physical, emotional, verbal and cyber bullying
- What does it mean to be a bystander?
- Herschel's protocol regarding bullying: consequences and counselling
- Steps you can take to stop bullying

Miss Steenkamp actively engaged the girls in various questions related to the sections covered in her presentation.

"No matter what happens in life, be good to people. Being good to people is a wonderful legacy to leave behind"- Taylor Swift



**2019**

Tue 6 Aug	09:00 Pre-N Moms & Daughters Day 10:30 – 11:15 FP Chapel Service
Wed 7 Aug	09:00 Nursery Moms & Daughters Day 09:00 – 12:00 Gr 4 Outing to Kirstenbosch Gardens 10:30 – 13:00 Gr 5 Outing to Ottawa Spur
Thu 8 Aug	09:00 Gr R Moms & Daughters Day 10:30 – 12:00 Gr 4 & 5 Jungle Theatre Production and Workshop Gr 7 Conquesta
Fri 9 Aug	<b>National Women's Day – PUBLIC HOLIDAY</b>

Love is patient, love is kind.  
It does not envy, it does not boast,  
it is not proud. It does not dishonor  
others, it is not self-seeking,  
it is not easily angered,  
it keeps no record of wrongs.

**1 Corinthians 13:4-5**



DailyVerses.net



## Pre-Prep

This year, the Pre-Preps will be putting on a concert that involves the whole department. Practise for the *Animal Rumble Grumble* is underway. Here are scenes of the Nursery elephants and giraffes learning their dance moves.



## Foundation Phase

### GRADE 3 OUTING

The Grade 3s went back in time to the year 1900 when they visited the Museum for the Conservation of Education. The girls experienced a day at school in the life of a Victorian child living in the Cape. They adopted Victorian names and dress as they got to role play different characters. They learnt Arithmetic, cursive writing and to recite after the teacher. They have never sat so quietly with their hands behind their backs waiting for the next instruction to be given. They played Victorian games at break while they tucked into their sandwiches and drank milk. It was an experience that will not be easily forgotten, especially the giggling when their fellow pupil was 'caned' for stealing some ones lunch at break.





## GRADE 3 EMOTIONAL & SOCIAL DEVELOPMENT

The Grade 3s took part in an Emotional & Social Development Workshop with Miss Steenkamp. The girls were able to identify areas of conflict and concern. The session encouraged girls to be brave and honest and take responsibility for their words and actions. The girls looked at ways of becoming a more cohesive and supportive grade.



## Stars of the Week!



Congratulations to our Foundation Phase Stars of the Week!



## Eco Club

### HIKE – NEWLANDS FOREST

A group of Herschel families and friends gathered at Newlands Forest early on Saturday, 27 July, to walk to Rhodes Memorial. The day was sunny, warm, misty and chilly in turn but this did not detract from a wonderful morning spent together in the beauty of nature. Many thanks to all who attended and a special thanks to Alan Woodcock who led the walk!



# Music

## AURAL AUGUST

The Preparatory Music Department launched 'Aural August' at Assembly this week, after a very successful Slimy Scales Venture. This initiative is to support girls with their music listening skills as they prepare for their external music practical examinations in September. Aural classes will run on Wednesdays at tea break for the month of August. Girls may enjoy their snack while we cover aural exercises in a relaxed group fashion. Girls will earn 10 house points for each session attended.

Happy listening!

## TERM 3 MUSIC WORKSHOPS

Monday 26 August

07:40 - Grade 2

08:45 - Grade 5

Tuesday 27 August

07:40 - Grade 3

10:15 - Grade 6

11:45 - Grade 4

Thursday 12 September

13:30 - Grade 7



There will be a special focus on Women's Day and hope in assembly next Tuesday. Talya Ruddah, an Old Herschelien will talk to the girls about Beautiful News, a webpage which only showcases stories of hope from a South African perspective. Their view is that news today is only filled with despair, tragedy and disaster and they want to change the narrative in only sharing news which is positive, inspirational and full of hope. Parents are welcome to join our assembly on Tuesday, 6 August at 09:10.

*"Your mind is a powerful thing.  
When you fill it with positive thoughts, your life will start to change."  
Unknown*

I wish you and your families a wonderful weekend.

Warm regards

**Mrs B. Heidmann**

**Head of Preparatory**

