



17 Feb 2019

## HERSCHEL PREPARATORY SCHOOL

TENNIS

SWIMMING

WATER POLO

P.E.

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18 Feb	19 Feb	20 Feb	21 Feb	22 Feb
<ul style="list-style-type: none"> <li>All Sport as per the schedule on Page 6. Please follow that planner for each days' sport unless otherwise specified in this table</li> <li>Grade 5 &amp; 7 P.E.</li> <li>Extra Grade 3 P.E. lesson to do final Gala practice. All Grade 3s to bring their costumes</li> <li><b>No U11B, Heat or Hurricanes Water Polo practice due to SS Interhouse Gala.</b></li> </ul>	<ul style="list-style-type: none"> <li>09:30 Grade 1 – 3 FUN Gala</li> <li>No Grade 3 P.E.</li> <li>No Grade 1 Sports Skills day (Long Day)</li> </ul>	<ul style="list-style-type: none"> <li>U11 early morning team tennis as per usual</li> <li>09:30 Gr 4 -7 Interhouse Gala</li> <li>No Grade 4 or 6 P.E. lessons</li> <li>Grade 2 Sports Skills day (Long Day)</li> <li>Water Polo matches</li> <li>No U10 &amp; U11 squad tennis practice</li> </ul>	<ul style="list-style-type: none"> <li>Grade 1 P.E.</li> <li>Tennis Matches</li> </ul>	<ul style="list-style-type: none"> <li>Grade 2 P.E.</li> <li>14:20 Gala @ Herschel SS</li> </ul>



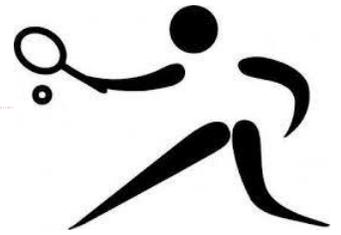
# Water Polo Matches

**WEDNESDAY, 20 FEBRUARY 2019**

TEAM	OPPOTION	MATCH TIME	PLAYERS ARRIVAL TIME	Venue
U10A	Rustenburg U10A	15:10	ASAP	Herschel SS
U10B	Rustenburg U10A	16:00	15:30	Herschel SS
U10C	BYE			
U11A	Reddam U11A Wynberg U11A	16:00 17:00	15:30	Herschel SS
U11B	Wynberg U11B	15:10	ASAP	Herschel SS
U13A	Reddam Rebels	16:15	15:45	Reddam
Heroes	Llandudno U13A	16:30	16:00	Herschel SS
Hurricanes	Wynberg U13B	15:30	15:00	Herschel SS
Heat	Reddam Tornadoes	16:30	16:00	Herschel SS



# Tennis Matches



**THURSDAY, 21 FEBRUARY 2019**

TEAM	OPPOSITION	VENUE
<b>A</b> <b>(1<sup>st</sup> League)</b>	Sweet Valley	Meadowridge Tennis Club
<b>B</b> <b>(2<sup>nd</sup> League)</b>	Micklefield C	Herschel Prep School
<b>C</b> <b>(3<sup>rd</sup> League)</b>	Grove	WP Tennis Club c/o Lovers Walk and Highstead Rd
<b>D</b> <b>(4<sup>th</sup> League)</b>	Rustenburg	WP Tennis Club c/o Lovers Walk and Highstead Rd
<b>U11A</b> <b>(A League)</b>	BYE	BYE
<b>U11B</b> <b>(B League)</b>	Micklefield	Bergvliet Tennis Club
<b>U11C</b> <b>(C League)</b>	Micklefield C	Constantia Tennis Club







Aman Moonda swam at the CTMA Level 1 Champs at Sun Valley and won 2 gold medals and 3 silver medals. She won Gold for girls 11 and under 100m breaststroke and 50m breaststroke. She won silver for girls 11 and under 50m Backstroke. The balance of the silver medals came from relays. Well done, Aman!



## Grade 1 – 3 Fun Gala

### Tuesday, 19 February, 09:30

- The girls are to arrive at school at the **usual** time dressed in their **ball skills** outfit and slip-slops with their costume underneath. Please ensure that your daughter has a swimming cap and a towel. Plenty of sun cream should be applied AT HOME. Girls will take their lunch-boxes to the pool with them, please pack a small snack and juice and water.
- The gala starts at 09:30 and will last for approximately one and a half hours. The emphasis is purely on FUN and participation. This is not a competitive gala. Girls will all be swimming, whether they swim lengths, widths or with a board. All girls will also have a fun race.
- There will be a Parents 'Grade Relay Race' at the end of the gala – again the emphasis is on participation and fun. Your class reps will be in touch with you regarding this event.
- Girls may go home after the gala – approximately 11:30. They will return to their classrooms at the end of the gala and then be dismissed by their teachers from the classroom. Please collect your girls from their classroom. You may not take them home from the pool. There will be a holding class available until 13:00.
- **Herschel Extra Murals:** U9s are excused from Training squad swimming and U10 Water Polo practice, however, they may attend should they wish too.
- Private Extra mural activities and Aftercare will continue as usual.
- A detailed programme will be sent in addition to this information but please note we cannot determine the exact time of events.
- Parents are welcome to come watch. We look forward to seeing you there!
- A lot of time and effort has gone into preparing with the girls for this fun event. If your daughter is unable to participate, please email her class teacher and Miss Karsten ([lkarsten@herschel.org.za](mailto:lkarsten@herschel.org.za)) by Monday, 18 February 15:00.



## Grade 4 – 7 Interhouse Gala

### Wednesday, 20 February, 09:30

**Date:** Wednesday, 20 February 2019  
**Venue:** Herschel SS Pool  
**Time:** 09:20 House Parade  
09:30 Gala Starts  
**Grade:** Grade 4 – 7 girls compulsory attendance

#### ARRIVE AT SCHOOL WEARING:

- house t-shirts
- PE shorts
- slip-slops
- Herschel swimming costumes (underneath)
- sun cream applied at home

#### IN TOG- BAG:

- House colour swimming cap
- Herschel tracksuit
- Two towels/toweling gown or deck coat
- School hats/peaks
- Sun cream
- Snack lunch and juice

The Gala will end at approximately 12:30. All Grade 4 – 6 girls will be lined up by their teachers on the Basketball courts and walked back to the Prep. They will be dismissed by their class teachers from their classrooms. Please go to the classes and collect them there. Please do not take your daughter straight from the pool. Girls will be permitted to go home once they are dismissed.

All Grade 7 girls will remain behind and clean up. They will be dismissed from the pool area when they are done.

We look forward to your support at this event.

Please note that Water Polo matches will continue and girls are expected to honour these commitments. No other Gr 4 – 7 school sport will take place.

A lot of time and effort has gone into preparing with the girls for this event. If your daughter is unable to participate, please email her class teacher and Miss Karsten (lkarsten@herschel.org.za) by Tuesday, 19 February 15.00.



## HERSCHEL PREP: 2019 TERM 1 SPORT TIMETABLE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
06:15 – 07:15	<b>Optional Extra Water Polo: SS</b> U10A, B, C, U11B Herschel Hurricanes, Herschel Heat	06:30 – 07:15	<b>Team Tennis:</b> Open (No. 1 – 12 ladder)	6:30 – 07:15	<b>Team Tennis:</b> U11 (Gr 3, 4, 5) (No. 1 – 12 ladder)	6:30 – 07:15	<b>Team Tennis:</b> Open (No. 13 – 24 ladder)	06:15 – 07:15	<b>Water Polo: SS</b> Herschel Prep U13A Herschel Heroes U11A
6:30 – 7:15	<b>Tennis Challenge Matches: Claremont</b> U11 & Open	13:30 – 14:30	<b>Grade 1 Sport Skills Day –</b> Swimming/Ball Skills	13:20 – 14:30	<b>Grade 2 Sport Skills Day –</b> Swimming/Ball Skills	13:30 – 14:15	<b>A Team Swimming:</b> U8	13:00 – 13:30	<b>Development Tennis</b> U9
06:30 – 07:15	<b>Team Tennis:</b> U11 (Gr 3, 4, 5) (No. 13 – 24 ladder)	14:45 – 15:45	<b>Water Polo: SS</b> U9 & U10	14:45 – 15:30	<b>Squad Tennis:</b> U11	14:45 – 15:30	<b>A Team Swimming:</b> U10, U11, U12, Open	13:00 – 13:30	<b>Beginner / Learn to swim lessons</b>
14:45 – 15:30	<b>Development Tennis:</b> U9 Group 1	14:45 – 15:30	<b>Squad Tennis</b> U12 & Open (Group 1)	15:30 – 16:15	<b>Squad Tennis:</b> U10	15:30 – 16:15	<b>Training Squad Swimming:</b> U9, U10, U11, U12, Open	13:30 – 14:15	<b>Squad Tennis:</b> U10 – Open
15:30 – 16:15	<b>Development Tennis:</b> U9 Group 2	15:30 – 16:15	<b>Squad Tennis</b> U12 & Open (Group 2)	15:00 – 18:00	<b>Water Polo Matches:</b> U10 – U13 A & B teams	16:15 – 17:00	<b>B Team Swimming:</b> U9 – Open	14:20 – 15:30	<b>A Team Galas</b> <b>B Team Galas</b>
14:45 – 15:45	<b>Water Polo: SS</b> U11B Herschel Hurricanes Herschel Heat	14:45 – 15:30	<b>Training Squad Swimming:</b> U9, U10	  <small>Founded 1922</small> <b>HERSCHEL</b> GIRLS SCHOOL		14:45 – 17:00	<b>Tennis Matches:</b> U11 & Open teams		
14:45 – 15:45	<b>A Team Swimming:</b> U9, U10	15:30 – 16:15	<b>Training Squad Swimming:</b> U11, U12, Open			14:45 – 17:00	<b>Tennis Matches:</b> U11 & Open teams		
15:45 – 16:45	<b>A Team Swimming:</b> U11, U12, Open	17:00 – 18:00	<b>Water Polo: SS</b> U11A Herschel Heroes Herschel Prep U13A (from 16:45)			14:45 – 17:00	<b>Tennis Matches:</b> U11 & Open teams		

**A & B Squad Swimming, Water Polo:** [ikarsten@herschel.org.za](mailto:ikarsten@herschel.org.za)  
**Tennis:** [mlaubscher@herschel.org.za](mailto:mlaubscher@herschel.org.za)  
**Training Squad Swimming:** [nrobbertze@herschel.org.za](mailto:nrobbertze@herschel.org.za)

