



28 July 2019



HERSCHEL PREPARATORY SCHOOL



NETBALL

HOCKEY

CROSS COUNTRY

P.E.

HERSCHEL HOSTING:

THE ANNUAL INDEPENDENT SCHOOLS SPORTS COORDINATORS CONFERENCE 2019

Please note that our Sports department is hosting and running the above annual conference and will be off site from Monday – Friday this coming week. All P.E. lessons and sports practices will continue as per the schedule on Page 2. The only sports that are affected are on Wednesday: Grade 2 Long Day is cancelled as well as Junior Cross Country and Netball matches that have been postponed due to the fact that delegates will be on site that afternoon (Wed) attending different electives & practical sessions in different venues. The Open A & B Hockey matches vs Wynberg on Thursday have also been postponed. We will be able to answer any URGENT mails during this time otherwise please direct any URGENT queries to your Class Reps who will pass them onto the Head of Class Reps who can contact us via cell phone, alternatively please contact the office who can also make contact with us.



TERM 3: WEEK 4 SPORTS PLANNER

MONDAY 29 JULY		TUESDAY 30 JULY		WEDNESDAY 31 JULY		THURSDAY 1 AUGUST		FRIDAY 2 AUGUST	
06:30 – 07:20	OPTIONAL Open Hockey Skills training	06:30 – 07:20	OPTIONAL U10 & U11 Netball Skills training	06:30 – 07:20	OPTIONAL U10 & U11 Hockey Skills training	06:45 – 07:20	Cross Country / General Fitness Session <i>Gr 3 – 7 girls</i>	06:30 – 07:20	OPTIONAL U12 & Open Netball Skills training
14:45 – 16:00	U10 & U11 Netball	13:30 – 14:30	Gr 1 Sport Skills	13:30 – 14:30	NO Gr 2 Sport Skills	14:45 – 17:00	Hockey matches vs Wynberg (NO Open A & B matches)	14:30	Cross Country Race @ Kirstenhof (also acts as Zonal Champs)
14:45 – 15:45	U9 Hockey	14:45 – 15:45	U9 Netball	14:45 – 15:30	NO U8 & U9 Cross Country				
14:45 – 15:30	U12/Open Cross Country	14:45 – 15:30	Fitness Fun Gr 3 – 7	14:45 – 17:00	No Netball matches or practices				
16:00 – 17:30	U12 & Open Netball	14:45 – 16:00	U10 & U11 Hockey						
16:00 – 16:45	U10 & U11 Cross Country	16:00 – 17:15 16:00 - 17:30	Heroes, Hurricanes & Heat Open A & B						



Hockey vs Wynberg

Thu, 1 August 2019

TEAM	VENUE	MATCH TIME
U9A	Herschel Mini Astro	16:30
U9B	Herschel Mini Astro	16:00
U9C	Herschel Mini Astro	15:30
U9D	Herschel Mini Astro	15:00
U10A	Herschel Main Astro	15:30
U10B	Herschel Main Astro	15:00
U10C	Herschel Main Astro	15:30
U10D	Herschel Main Astro	15:00
U11A	Herschel Main Astro	15:30
U11B	Herschel Main Astro	15:00
U11C	Wynberg Main Astro 2	15:00
HERSCHEL HEROES	Wynberg Main Astro 2	15:35
HERSCHEL HURRICANES	Wynberg Main Astro 2	15:00
HERSCHEL HEAT	Wynberg Main Astro 2	15:35



The week that was

Cross Country Race @ Sun Valley

Our Cross Country girls had another great league race on Friday continuing their strong performances whilst having fun and demonstrating camaraderie. Well done, girls!





The Herschel U13A Hockey team took part in the annual Kenridge Hockey tournament. It was an exciting morning with such a high standard of Hockey. The team played some outstanding Hockey placing 3rd, losing out on 2nd place due to goal difference and despite beating eventual winners Kenridge 2 – 0 earlier in the morning. Well done, girls!

Gabby du Toit won an award for Sportsmanship.



