



HERSCHEL PREPARATORY SCHOOL

NETBALL

HOCKEY

CROSS COUNTRY

P.E.

U13A Hockey team no. 1 in the WP

Congratulations to our U13A Hockey team who qualified to take part in the WP Primary Top Schools U13 Girls Hockey tournament on Friday night.

10 teams out of over 100 Hockey playing schools from around the WP competed and Herschel won the final were crowned no. 1 in the Province. We are extremely proud of the team!



TERM 3: WEEK 10 SPORTS PLANNER

MONDAY 9 SEPTEMBER		TUESDAY 10 SEPTEMBER		WEDNESDAY 11 SEPTEMBER		THURSDAY 12 SEPTEMBER	FRIDAY 13 SEPTEMBER
15:15 – 16:30	U12 Kingswood Water Polo tour trials	Reminder Grade 3 P.E. kit – sports Day practices		Reminder Grade 6 P.E. kit – Sports Day practices		Reminder Grade 4 & 1 P.E. kit – Final sports day practice	Reminder Grade 2 P.E. kit – Final sports day practice
		13:30 – 14:30	Gr 1 Sport Skills – Sports Day practice	13:30 – 14:30	Gr 2 Sport Skills – Sports Day practice	WINTER SPORT PHOTOGRAPHS	
						14:45 – 16:00 2 nd round Kingswood Water Polo trials	

*** No other extra mural sport will take place

**Jessica Bosch (right)
representing WP at
the Western Cape
Cross Country
champs.**



HERSCHEL PREPARATORY SCHOOL

HERSCHEL PREP: 2019 DRAFT TERM 4 SPORT TIMETABLE

****please note this is subject to change**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
06:15 – 07:15	Water Polo: SS Herschel Prep U13A Herschel Heroes U11A	06:30 – 07:15	Team Tennis: Open (No. 1 – 12 ladder)	6:30 – 07:15	Team Tennis: U11 (Gr 3, 4, 5) (No. 1 – 12 ladder)	6:30 – 07:15	Team Tennis: Open (No. 13 – 24 ladder)	06:15 – 07:15	Optional Extra Water Polo: SS U10A, B, C, U11B Herschel Hurricanes, Herschel Heat		
6:30 – 7:15	Tennis Challenge Matches: Claremont U11 & Open	13:30 – 14:30	Grade 1 Sport Skills Day – Swimming/Ball Skills	13:20 – 14:30	Grade 2 Sport Skills Day – Swimming/Ball Skills	13:30 – 14:15	A Team Swimming: U8	13:00 – 13:30	Development Tennis U9		
06:30 – 07:15	Team Tennis: U11 (Gr 3, 4, 5) (No. 13 – 24 ladder)	14:45 – 15:45	Water Polo: SS U9 & U10	14:45 – 15:30	Squad Tennis: U11	14:45 – 15:30	A Team Swimming: U10, U11, U12, Open	13:00 – 13:30	Beginner / Learn to swim lessons		
14:45 – 15:30	Development Tennis: U9 Group 1	14:45 – 15:30	Squad Tennis U12 & Open (Group 1)	15:30 – 16:15	Squad Tennis: U10	15:30 – 16:15	Training Squad Swimming: U9, U10, U11, U12, Open	13:30 – 14:15	Squad Tennis: U10 – Open		
15:30 – 16:15	Development Tennis: U9 Group 2	15:30 – 16:15	Squad Tennis U12 & Open (Group 2)	15:00 – 18:00	Water Polo Matches: U10 – U13 A & B teams	16:15 – 17:00	B Team Swimming: U9 – Open	14:20 – 15:30	A Team Galas B Team Galas		
14:45 – 15:45	Water Polo: SS U11B Herschel Hurricanes Herschel Heat	14:45 – 15:30	Training Squad Swimming: U9, U10			14:45 – 17:00	Tennis Matches: U11 & Open teams				
14:45 - 15:45	A Team Swimming: U9, U10	15:30 – 16:15	Training Squad Swimming: U11, U12, Open								
15:45 – 16:45	A Team Swimming: U11, U12, Open	17:00 – 18:00	Water Polo: SS U11A Herschel Heroes Herschel U13A – frm 16:45								
				<p>A & B Team Swimming, Water Polo: ikarsten@herschel.org.za Tennis: mlaubscher@herschel.org.za Training Squad Swimming: nrobbertze@herschel.org.za</p>							



TERM 4: SUMMER SPORT

- Girls will be placed in the same Swimming teams and squads, Tennis teams and squads and Water Polo teams as they were in Term 1. This allows parents to know from Week 1 what days and times their girls will be training.
- Please talk to your daughter about which Term 4 Summer Sport she will be participating in. If she intends on stopping or changing sports or squads, please inform the relevant Head of Code.
- Teams and squads for Term 4 Summer Sport are subject to change once we have returned and girls are re-timed, challenge matches have taken place and teams start training and playing matches.

SUPER SKILLS HOLIDAY CLINICS

PRE-SEASON WATER POLO

SEPTEMBER 2019



VENUE: Herschel Senior School Water Polo Pool

DATES: Wednesday, 25 September 2019

Thursday, 26 September 2019

Friday, 27 September 2019

TIMES:

U9, U10, U11	15:00 – 16:15
U12, U13	16:30 – 17:45

*** Sessions can be attended independently (1) or girls can attend 2 or 3 days.

For more information or to book your place.

Email: ssholidayclinics@gmail.com



WINTER SPORT PHOTOGRAPHS

THURSDAY, 12 SEPTEMBER 2019

Girls must come to school wearing the match kit of the 1st photograph they will be in, with their Herschel track-suit over. If they are in more than one i.e. Hockey and netball they must bring their Hockey socks or white socks with too. Girls will remain in sports kit for the duration of the school day.

Girls who are having photo taken at 07;30 must come straight to the Prep hall.

CODE	WHO	KIT TO WEAR TO SCHOOL & BRING TO SCHOOL ON THURSDAY
HOCKEY	<ul style="list-style-type: none"> All U9, U10, U11 and Open Team Hockey Girls (A, B, C, D, E) 	<ul style="list-style-type: none"> Herschel sleeveless match top Blue skort Herschel Hockey socks Takkies
NETBALL	<ul style="list-style-type: none"> All U9, U10, U11, U12 and Open Team Netball players (A, B, C,D) 	<ul style="list-style-type: none"> Herschel sleeveless match top Blue skort White fold over socks Takkies
CROSS COUNTRY	<ul style="list-style-type: none"> All girls who went <u>regularly</u> to Grade 2 & 3 practices All U10, U11, U12 and Open girls who went <u>regularly</u> to practices All U10, U11, U12 and Open girls who took part in PGSGU Interschool Cross-Country race 	<ul style="list-style-type: none"> Herschel sleeveless match top Navy blue shorts Takkies
FITNESS FUN	<ul style="list-style-type: none"> All girls who went <u>regularly</u> to Fitness Fun training 	<ul style="list-style-type: none"> Herschel sleeveless match top Navy blue shorts Takkies



ROUGH TIME GUIDELINE FOR PHOTOGRAPHS

Senior Cross Country	07:30
Interschool U10 – Open Cross-Country	07:30
Open C Netball team	07:30
U12C Netball team	07:30
U11A Netball team	07:30
U11B Netball team	07:30
U11C Netball team	07:30
Junior Cross Country team	07:45
Fitness Fun	08:00
Open C Hockey team	08:00
Open D Hockey team	08:00
U11B Hockey team	08:00
U10A Hockey team	08:45
U10B Hockey team	08:45
U11A Hockey team	09:00
U11C Hockey team	09:00
Open B Interschool Hockey team	09:00
Open A Interschool Hockey team	09:00
Open A Interschool Netball team	09:00
Open B Netball team	09:00
U12A Netball team	08:45
U12B Netball team	08:45
U10C Hockey team	09:30
U10D Hockey team	09:30
U10E Hockey team	09:30
U10A Netball team	09:30
U10B Netball team	09:30
U10 C Netball team	09:40
U9A Hockey team	09:40
U9B Hockey team	09:40
U9C Hockey team	09:40
U9D Hockey team	09:40
U9A Netball team	09:40
U9B Netball team	09:40
U9C Netball team	09:40
Open E Hockey team	10:30

