



No 04 – 19 Mar 2021



MUSIC

LIBRARY

PRE-PREPARATORY

FOUNDATION

INTERMEDIATE & SENIOR

Message from our Head

Dear Parents

In our Assembly this week, Rev. Lorna spoke about the need to have a resilient spirit. Having a resilient spirit is the ability to get back up when things go wrong or when we encounter a disappointment. It is the ability to recover quickly.

It's easy to feel powerless and have the urge to want to numb out and hide or do something else rather than face up to our fears. To learn to get back up when things go wrong, we have to learn to live with our own vulnerability. This takes a lot of courage.

The bible readings from John 11:35 and Luke 19: 41 show that Jesus too, felt vulnerable and sad at times.

It is so important for us to understand that it is ok to show our emotions.

To have a resilient spirit we need to be vulnerable, we need to ask for help, and we need to be courageous, but above all we need to put our hope in God. God meant for us to live in community, connected to one another, drawing strength and encouragement from Jesus. This can only be done when we are vulnerable enough to reach out and share our suffering with others and when those around us are courageous enough to reach back and show compassion.



2021

Mon 22 Mar	Public Holiday – Observation of Human Rights Day
Tue 23 Mar	Parent/Teacher online interviews by arrangement
Wed 24 Mar	Parent/Teacher online interviews by arrangement
Thu 25 Mar	Parent/Teacher online interviews by arrangement
Fri 26 Mar	Parent/Teacher online interviews by arrangement
Sat 27 Mar	Eco Hike 20:00 – 21:00 Earth Hour
Mon 29 Mar	Spelling Bee Parent/Teacher online interviews by arrangement
Tue 30 Mar	Parent/Teacher online interviews by arrangement
Wed 31 Mar	Grade 7 Fair
Thu 1 Apr	Term 1 Ends Closure as follows: 10:00 Pre-Prep 10:15 Gr 1 – 3 10:30 Gr 4 – 7

"What makes you vulnerable makes you beautiful."
- Brené Brown



Pre-Prep

Rain, rain go away come again another day. The girls absolutely loved using their umbrellas to walk in the rain, but then 'Mr Sun, Sun, Mr Golden Sun' came out to shine on us.



On Friday, 5 March we celebrated Flip Flop Day by coming to school in our flipflops and donating R10 to CHOC. The Grade Rs did a data collecting activity with their flipflops.



Our Nursery classes made telephones as they learnt about 'Talking Tess' in Letterland. They did some construction using boxes which was very exciting. Last week they enjoyed a puppet show in the school hall and listened to the puppets telling them about the body.



Celebrating water week and making some discoveries.



Foundation Phase

The Grade 1s had fun with rhyming words and had the opportunity to explore some interesting themes. They sported crazy hairstyles and funky socks to celebrate the days.



The Grade 2s learnt about the water cycle before completing their very own model. The red in the pictures symbolises evaporation.



Intermediate Phase

The Grade 5s have been studying the build of South Africa. They have learnt how to find information using their atlases and how to identify physical features on maps. Last week they applied their knowledge to make salt dough models showing the build of South Africa. Once their models were made, they painted them using appropriate colours and labelled some of the important physical features. The girls had great fun doing this and will definitely remember this aspect of their work.



Grade 7 Fair



The annual Grade 7 Fair will take place on Wednesday, 31 March and the proceeds will go to Grade 7 Community Engagement Projects as well as the annual Grade 7 gift to the school.

The Fair is an important aspect of the year as we try to develop social awareness in the girls. The Grade 7 girls are working very hard at school and at home making interesting items for sale to make this a fun-filled and exciting day for the rest of the school. A range of very worthy causes benefit from their hard work and dedication through the year.

Before then, please use this opportunity to have a clear out and send donations to Mrs Holtzhausen's (Gr 7A) office for:

- TOMBOLA: any items suitable for prizes;
- WHITE ELEPHANT: any items suitable for sale at school;
- SECOND HAND: books, clothes, etc.
- Strips or packets of sweets that can be used for prizes.

Please send your donations to school any time from now until the 29 March.

Thank you very much for your support of this important event on the Herschel calendar.





The Sparkle Centre

In the Sparkle team, we endeavour to build on girls' potential and provide opportunities for success. Our role is supportive to girls, staff, and parents.

Robyn

Stakemire

**Head of Learning
Support and
Enrichment**



Robyn heads the multi-disciplinary Sparkle Team at Herschel. She has a passionate interest in how young children learn and is committed to developing individual girls' learning styles. Learning in the foundation years is a journey and should be something that is viewed through the lens of curiosity. Robyn is a mom to a 9-year-old boy. She enjoys spending time with family and friends and is never without a good book.

Email address: rstakemire@herschel.org.za

Terri Aubin

Learning Support- Intermediate & Senior Phase



Terri Aubin manages Learning support in the Intermediate and Senior Phase. She is also a Maths teacher in grades 4 and 5. She believes strongly in early intervention and remediation, in order to facilitate the girls experiencing success sooner. Terri has a son and daughter who have graduated from Stellenbosch University and she can be spotted stretching her legs in the mountain.



Email address:
taubin@herschel.org.za



Lizette Steenkamp

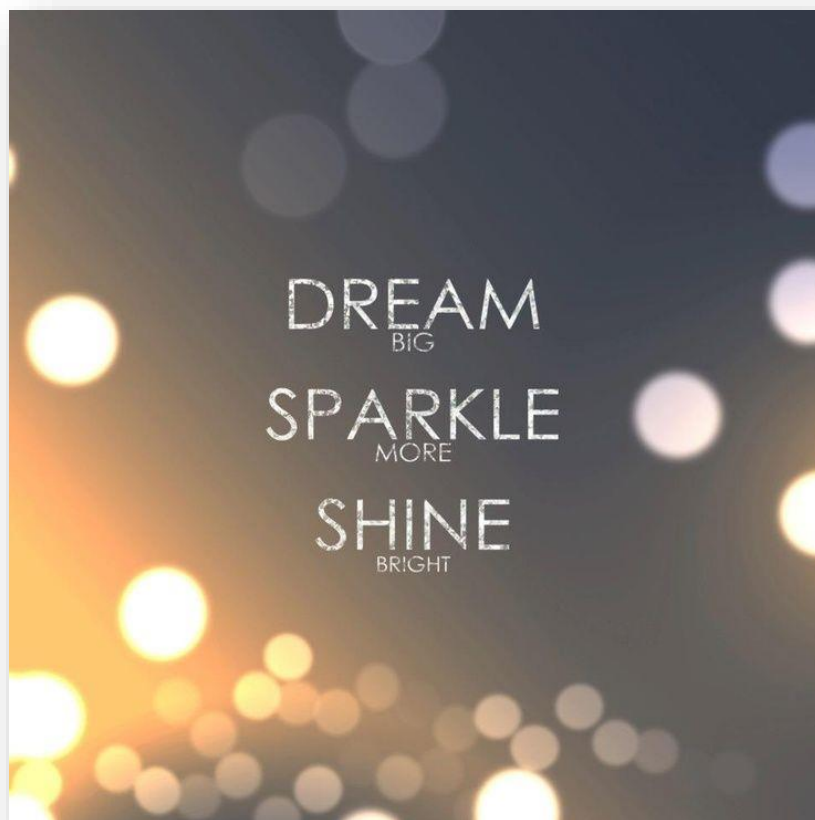
School Counsellor



Lizette is a qualified Social Worker and is employed as a school counsellor at Herschel. Lizette is passionate about children, adolescents, and family reunification. She enjoys running workshops with the girls and parent webinars when she is not counselling. She also links families to external resources for support where necessary.

Lizette enjoys painting, food markets and trying new Cape Malay recipes.

Email address: lsteenkamp@herschel.org.za



Sustainability

Can Collection Term 1 2021

Thank you to the girls who brought cans on Thursday 4 March 2021. We collected 8 234 cans. A special mention must be made of Imaan Levy, Carys Morkel and Megan and Lauren van der Spuy who between them contributed 2 500 of these. Thank you for your hard work and efforts to make a difference to the Earth and for helping Primrose Primary School who receives the proceeds of this metal.



15 - 22 March: Water Week

This week is Water Week that culminates in World Water Day on 22 March. The girls have been celebrating water by enjoying the pool during their Phys Ed lessons. In addition, some Integrated Studies, Art, Technology, Library and Singing lessons have had a water focus. During Assembly, we sang "*I, the Lord of sea and sky.*" The girls were asked to wear blue or green ribbons in their hair on Friday to remind them of the value of water. All girls are encouraged to enjoy something watery on Monday 22 March, and to take a photograph of themselves doing so, and send these to cshreuder@herschel.org.za or mroeibert@herschel.org.za



27 March: Family Eco Hike and Earth Hour

Please join us for the Woodcutter's Path Hike in Newlands Forest on Saturday 27 March. The hike will last approximately two hours and will take us through some magical hidden and covered paths. We meet on the tar road above the Newlands Forest parking lot, next to the helicopters, at 07:45 for a prompt 08:00 start. Please RSVP on the following link: <https://forms.gle/ZshtVWAjyZEGu5Cm7> should you be joining us. Everyone is to wear closed shoes, a hat, sunscreen and to bring water and snacks. All girls need to be accompanied by an adult.

This year the focus of Earth Hour is not only to switch off all lights but also all things digital between the hours of 20:30 – 21:30. The girls are encouraged to photograph any activity they may enjoy during this time and send it through to cshreuder@herschel.org.za or mroeibert@herschel.org.za.

Here are two interesting links to be enjoyed on the day:
<https://www.earthhour.org/new-in-2021> (a video to be enjoyed on the day)
<https://www.earthhour.org/take-part> (some ideas for activities)



Community Engagement

Ice Cream Sales: Grade 1 - 7

Ice creams will be sold at first break as follows:

- Sales for Grade 4 – 7 will be on a Wednesday
- Sales for Grade 1 – 3 will be on a Friday

Girls can place orders with Class Teachers. All proceeds go towards the Herschel Outreach Fund. Thank you for your continued support!



Easter Egg Collection Pre-Prep – 3

We are collecting EASTER EGGS! All contributions of Easter eggs (only marshmallow eggs – boxes or strips) may be sent to Mrs Martin's office. Thank you in advance for your generosity.



Soap and Toothpaste Collection Grade 4 – 7

We would like to appeal to all of our Grade 4 to 7s to please contribute bars of soap, toothpaste or wet wipes. These will be allocated to various organisations that deal with the homeless and destitute.



Music

The Music Department presented our termly assembly on 9 March, with the Grade 3s attending live in the hall. They blessed us with their lovely performance of a sign language song 'Love Grows'. Our theme for this assembly was 'We are all instruments in the orchestra of life'. Our reading was taken from 1 Corinthians 12. Many of the preparatory girls participated in recording clips for our short, yet most informative, Music Assembly Video about the Instruments of the Orchestra. Follow the hyperlink if you would like to watch it: <https://youtu.be/HRm-WN-m8JY>. Thank you to everyone who participated.



Girls' News

The Junior Brain Of Cape Town: Lucy Mulder 6A

A couple weeks ago I entered for the Junior Brain of Cape Town on Cape Talk radio and a week later they called me to say I had gotten in. So, on Monday morning they called me and I answered 11 out of 15 general knowledge questions and I got 8 correct which meant I had won. For a prize I got R1500. Since I won I got to be in the Saturday showdown where I competed against 4 other winners. In the end I came 3rd. I really enjoyed being on the radio because it was a lot of fun.



Important to Note:

We have noticed an increased number of parents dropping off forgotten items with Security during the day. Please encourage your girls to be responsible and to remember to bring all their items to school. Your support in this regard is much appreciated.

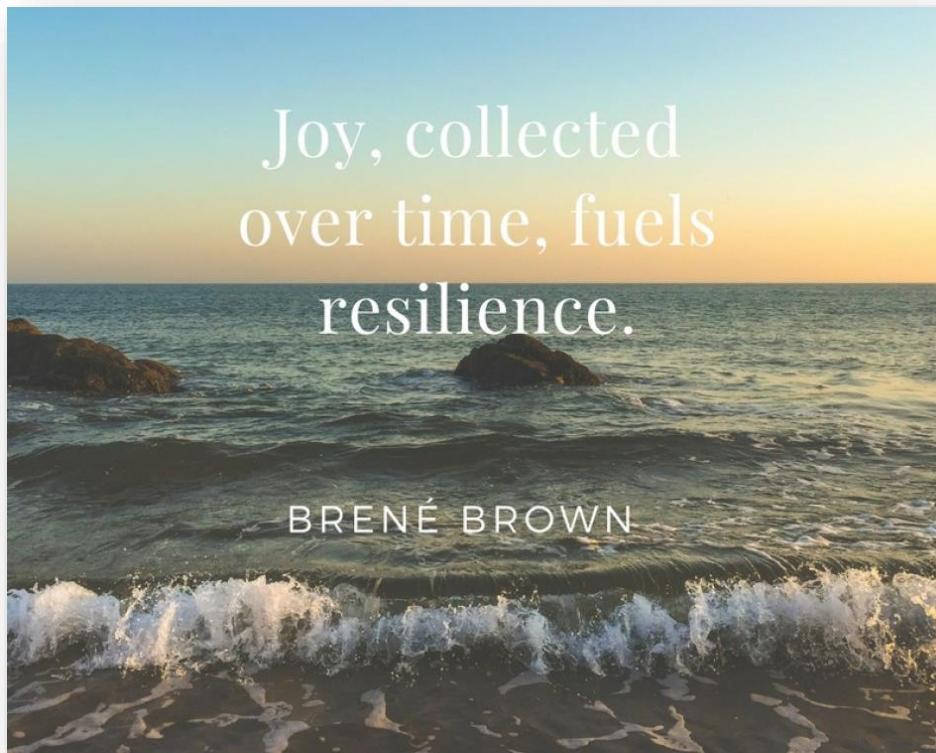


The last few weeks of term are filled with activities and events. I am sure that the meetings that you have with teachers will be informative and enable you to have an understanding of how your daughter has settled into her grade this year.

During the course of this week the staff have focussed on moments of joy and mindfulness in order to assist the girls when times of difficulty and challenges arise.

I would like to extend my thanks to the PA and Class Reps for the work that they have done during the course of this term, particularly with regard to the manner in which they have assisted and supported parents and staff in crisis.

I hope that you and your family are able to find some time to relax, recover and reboot this weekend before the final weeks of term.



Warm regards
Mrs B. Heidmann
Head of Preparatory

