





### Congratulations to our Stars of the Week



Grade 1A	Layla Mahabeer, Eva Szabo
Grade 1al	Emma Daniel, Lily Pienaar
Grade 2A	Ann Fisher, Amaani Mohammed
Grade 2al	Kundiso Runyowa, Zia Rinquest
Grade 3A	Sophia Graef, Arya Peterson
Grade 3al	Christina Ratcliffe, Maddison Rose McGregor

Mon	Poetry Eisteddfod:
1 Aug	11:40 Gr 4
_	13:30 Gr 5
Tue	09:45 Gr 4 Special Assembly 1950s
2 Aug	18:00 Gr 3 Parent Talk: Social & Emotional
	Wellbeing
Wed	09:00 – 11:30 Gr 3s Outing to the Centre
3 Aug	for the Conservation of Education
	Poetry Eisteddfod:
	09:15 Gr 6
	13:30 Gr 7
Thu	08:30 – 09:30 Alphen Vet Visit – Pre N
4 Aug	
Fri	Photographs: Music, GK, Lit Quiz &
5 Aug	Library Monitors
	Cross Country Race @ Heathfield
	Final day for Chores for a Cause
	collection



#### **Civvies Day Dress Code**

We would like to remind parents that when civvies are worn to school for birthdays or civvies days that pupils are required to still have their hair tied up and that the usual school rule pertaining to no jewellery, no nail polish or make-up still applies. Your support in this regard is appreciated.



# Pre-Prep

We have had a fun-filled week in the Prep-Prep this week. The Kittens and Lambs tried their hand at being chefs as part of our Occupations Theme.









The Nursery girls are exploring farm life this week. They learnt about the parts of a mielie and enjoyed tasting some afterwards.



The Grade R girls completed their 100 minutes of making a difference when they made sandwiches for Ladles of Love to distribute on Wednesday.



### Intermediate Phase

Our School Counsellor, Mrs Alexander and Mrs Guercio facilitated a Grade 6 Workshop about the 'Daily Pressures of Life'. The girls enjoyed a workshop held in a relaxed format and actively engaged on the type of pressures they face at their age.

The workshop aimed at empowering the girls with practical tools on how to manage their stress and prioritise their mental health. The girls were educated on the risk of bottling up their emotions, the pressure of self-image and perfectionism, friendship pressure, academic pressure and time management.







#### Grade 4 Outing

Grade 4 girls had a lovely morning at Kirstenbosch on Friday 22 July. They enjoyed a lesson on useful indigenous plants. After their lesson at Goldfields Environmental Education Centre, girls spent time in Kirstenbosch Gardens, learning how to identify aloes, buchu, sour figs and kooigoed, among others.





# Intermediate Phase Cont...



Congratulations to our Class House Captains for Term 3.

CLASS HOUSE CAPTAINS TERM 3					
GRADE	HOUSE	Α	ALPHA		
4	CARTER	Rebecca Hime	Saika Mostafa		
	JAGGER	Amelia Mandy-Woodcock	Motheo Modise		
	MERRIMAN	India Todd	Indiana Joannou		
	ROLT	Olivia Melck	Harper Duchenne		
5	CARTER	Emma Warner	Lilah Devlin		
	JAGGER	Amélie Hardres-Williams	Meesha Rahim		
	MERRIMAN	Lucy Cotterell	Michela Pharo		
	ROLT	Claudia Böttger	Iman Levy		
6	CARTER	Sibulele Pinyana	Isabella Saville		
	JAGGER	Olivia Maskew	Aryana Cloete-Hopkins		
	MERRIMAN	Scout Ferguson	Georgia Böttger		
	ROLT	Ava Tresfon	Margaux van Mill		
7	CARTER	Liqhamile Adonis	Coco Lobert		
	JAGGER	Josephine Fair	Lucy Mulder		
	MERRIMAN	Lily Watson	Onathi Peter		
	ROLT	Georgia Nicklin	Chelsea Peterson		



# Music



Our Grade 4 and 5 Guitar Ensemble working hard, bright and early on a Monday morning.



Our Grade 2s were amused by our Senior School visitor, Mr Johan Swanepoel, who came to show them and play his accordion in class music this week. He even managed to accompany our ABC song. Thank you Mr Swanepoel.

# Sustainability

#### Diarise these Herschel Eco Activities:

13 Aug:	08:30	Hike 1: Kalk Bay – Clovelly – Kalk Bay
01 Sep:	14:45 – 15:45	Spring Day 1 September – Arderne Garden Explore
02 Sep:	14:00 - 15:00	Herschel Hack (parents and siblings welcome)
08 Sep:	07:00	Can Collection
17 Sep:	07:00	13 Peak Challenge: Noordhoek Peak

Details of each activity will be sent closer to each date.





### Community Engagement

#### Rurul Child and St Luke's Hospice

On behalf of the Rural Child and St Luke's Hospice, we would like to say thank you to all our families for sending in much needed clothing, books, toys etc. We have had to have two colletions for the number of bags we have received.





A reminder that ice-creams will be on sale every Wednesday and Friday!



The Pre-Prep and Prep school are well on their way to making a difference in the lives of those less fortunate by giving 100 minutes of their time and effort. The Nursery Girls made dog biscuits and collected cans of food for Megs Mutts Rescue Centre in Wynberg. The Grade R girls made sandwiches for Ladles of Love to distribute on Wednesday.



The Stone-Dragon organisation distributed the toiletry packs to the Haven Night Shelters in Stellenbosch over the weekend.

Thank you for all the donations and work put in by our girls for Chores for a Cause to date. The Karri App will close on 5 August.





### Library

Please that the Library is open just after school on Mon – Thu till 16:00 and until 14:00 on a Friday.



# OHA



After the 1994 elections and the release of Nelson Mandela, my husband and I were excited to return to South Africa from London. And yet, it was with a certain amount of heartache, as I had so enjoyed our 20 years there; being a member of one of London's top choirs, travelling with world class conductors and soloists, training as an art therapist and working with children in Middlesex Hospital.

I found myself in the role of a farmer's wife running the family farm, Diemersfontein, as  $3^{\rm rd}$  generation Sonnenbergs.

I felt cut off from all I had enjoyed in London and without purpose until, out of the blue, an opportunity arose to start a school on our farm and thus be able to offer a good education to the local children.

It is said that it takes a village to raise a child, and it certainly took the community of like-minded people to start a school. With the held of dedicated teachers, an excellent headmaster and a core of committed parents, Wellington Prep and Wellington College came into being.



Herschel alumnae, parents, scholars and friends are invited to attend the

#### HERSCHEL WINTER DINNER

hosted by the Herschel Union on Wednesday 17 August 2022 in the Mary Jagger Hall 18h30 for 19h00 Our guest speaker this year is

SUSAN SONNENBERG

and her inspiring talk is entitled:

#### FINDING PURPOSE

Cost: R260 for a 3-course meal. Wine and soft drinks included. NB: Please indicate if you would like a vegetarian meal

RSVP: oha@herschel.org.za before 1 August 2022

Banking details: Standard Bank, Claremont Name: Old Herschelian Association Account number: 07 187 902 1 Please email proof of payment to oha@herschel.org.za

#### Staff Farewell

This week we paid tribute to Mr Ryan Rhoda as we wished him farewell. We wish Mr Rhoda all the very best for his new venture at Bishops Prep. He is going to be missed.

Today was Mrs Jessica Holtzhauzen's last day at school as she begins her maternity leave. We wish her everything of the best as she and her husband await the arrival of their baby daughter. We look forward to welcoming Mrs Karen Meyer who will be joining us in Grade 7 as her replacement from Monday, 1 August.

Have a lovely weekend!

Linda Martin Acting Head of Preparatory







A child is like a butterfly in the wind, Some can fly higher than others, But each one flies the best he can Why compare one against the other? Each one is different Each one is special Each one is beautiful



# Term 3 Parent Support Series

Free Parent Webinars

# **Click here to Register**

Join us and Elevate Education for FREE 60-minute webinars designed to help you overcome specific challenges that you and your child/ward might be facing across the term!

#### In Term 3 we'll cover:

- Technology & Focus 10th August - 6pm
- Stress & Wellbeing
  24th August 6pm
- 3. Exams 1: Exam Preparation 7th September - 6pm
- Exams 2: Exam Room Skills 20th September - 6pm

