



No 13- 05 May 2023

HERSCHEL PREPARATORY SCHOOL

Dear Parents

Last week we celebrated one of the most important public holidays on our South African calendar, Freedom Day. It is a day I celebrate each year with a great deal of reflection on how far we have come as a nation as well as my appreciation of being a free South African. I remind myself on this day not merely of the journey to freedom but of the responsibility of being a free South African. Nelson Mandela said, "If I did not forgive, I would never be free". He led by example in showing us the way we are to embrace, celebrate and live our freedom through forgiveness and reconciliation.

We do not forget but we choose to live in freedom giving our girls, our 'precious cargo', the choice and knowledge to do so too. They live in a free South Africa but teaching them that true freedom comes with great responsibility is the core to our roles as staff and parents of this special school. This is what goodness of heart speaks to.

Do not let the world convince
you that trusting is for fools,
and forgiving is for the weak.
These gifts are blessings given
to you that prove that you
have an amazing capacity to
love and that you have
goodness in your heart.

-Brigitte Nicole

www.EnlighteningQuotes.com



Pre-Prep

Last week the Nursery girls welcomed their moms and significant others to have tea with them. They painted rocks and then had a high tea in the garden. A beautiful day for a beautiful celebration.



The Pre-Nursery girls enjoyed a reptile show at school. They learnt all about reptiles and were able to touch, hold and have an up close look at some snakes and tortoises.



Foundation Phase

On Wednesday, the Grade 3 girls went to Intaka Island. It is a wetland situated in Century City and is filled with all living creatures. The girls had lots of fun learning about insects and birds and enjoyed a walk around the island. One of the many adventures included a boat trip in the canal. It was a fantastic outing.



Intermediate Phase



Grade Five Integrated Studies

In the first term, the Grade 5 girls learnt about Africa in Integrated Studies. They used their knowledge and creativity to create board games based on Africa. They had to make the game and write a clear set of rules and instructions. They had great fun playing each others' games.



Grade 7 Fair

The annual Grade 7 Fair took place on Wednesday, 26 April and was a wonderful success.

The Grade 7 girls managed to raise approximately **R45 000**. What a fantastic achievement! We are so proud of the effort, determination and business acumen that the girls displayed in the lead up to the Fair and on the day. The proceeds will go to the Grade 7 Community Engagement Projects as well as the annual Grade 7 gift to the school at the end of the year.

We would like to thank each and every one of you who donated items for the Fair. We were blown away by your generosity!

The rest of the school thoroughly enjoyed the crafts and activities on offer and added such a sense of excitement to the morning.



Community Engagement

Projects for the rest of the Term

15 May – 2 June – Pre-Nursery to Grade 2 - **Toys and books**

Grade 3 to 7 – **Toiletries Collection** – Our annual drive of toiletries to help orphanages and organisations that give dignity back to young girls and women. Please support by sending the following:

Grade 3	Wash cloths
Grade 4	Toothbrushes
Grade 5	Toothpaste
Grade 6	Soap
Grade 7	Sanitary towels

23 June – civvies day – Peoples Dispensary for Sick Animals is the beneficiary.

June/July Holidays: Chores for a cause and clothing collection for the Rural child and St Luke's Hospice.



Sustainability

World Earth Day 24 April

This was widely celebrated with various activities in class. Great excitement reigned in the Library as each grade was given a picture to colour. These were entered into a lucky draw and a winner per grade was announced. These girls were able to choose their prize from a selection of books. Thank you to everyone who participated.



May Eco Activities

- 6 May: Herschel Beach Cleanup outside Shark Spotters Hut at Muizenberg Beach 09:00 – 10:30. Remember to bring gloves and black bags.
- 6 May: Community Beach Cleanup at Milnerton Lighthouse 09:00 – 10:30.
- 13 May: 13 Peak Hike – Klaassenkop – See link below to sign up [13 Peak Hike - Klaassenkop Sign Up](#)
- 27 May: 13 Peak Hike – information to follow



Herschel families making a difference!



Reminders

*Grade 6 & 7 Parents are warmly
invited to join*

our School Counsellor, Mrs Lizette Alexander
who will be presenting a talk on

Cultivating Self-Esteem in a Pressured Society

on Tuesday, 9 May 2023

07:30 - 08:30 in the Prep Studio

RSVP by clicking here

How can you assist your daughter with building her self-esteem
in a pressured society with unrealistic expectations?

This talk will provide you with key guidelines and tools to assist
your daughter in her self-esteem journey.

Click here to rsvp your attendance



Photographs

A reminder that school photographs of Pre-Prep Class, individual, sibling and absentees will be taken on Wednesday, 10 May and Thursday, 11 May. Class photographs for Grade 1 – 7 will be taken on Friday, 12 May.

Please ensure that your daughter wears her formal uniform (not sports kit).



Parents in Prayer

All parents are warmly invited to join the prayer group as we meet once a week to pray for our school, the staff and the girls. We meet in the **Little Reading Room** just next to the library on a **Tuesday morning from 07:30 – 08:00**. All prayer requests are kept confidential and anyone is welcome. You may contact Caren Fürst if you have any questions.



Elevate Education will have their next free webinar on **Wednesday 10th May**.

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

Wednesday 10th May @ 18:00 (SAST)

Exam Room Skills - Minimising Stress and Maximising Marks

[Click here to register for free](#)

Here's what Elevate will be covering:

- ✓ What to do in the final days before any test or assessment
- ✓ How to establish a good routine for the night before
- ✓ How to optimise exam-room performance



Important to Note

It has been brought to our attention by the local police forum that school sporting events have provided opportunity for theft of such items as cellphones, garments, devices etc. Because many people come in to support sport, it is easy for a person/s who are not part of the Herschel community to come in on the pretense of being supporters when they actually have ulterior motives. Some schools in the Southern suburbs have been targeted and we would like to make you aware of this so that you are vigilant and keep valuables possessions in hand. This really is just about creating an awareness.

We look forward to a very busy week next week and I wish you and your family a wonderful weekend.

Kind regards
Reneé Swartz
Head of Preparatory

