



Happy Youth Day



No 19-15 June 2023

HERSCHEL PREPARATORY SCHOOL

Message from the Head of Prep

This week sees the celebration of two important days namely Youth Day and Father's Day. Each one holds its own significance. For some they are a reminder of strength, courage and freedom. For others they are a reminder of tragic loss and youth living without fathers. While we may celebrate the courage of the youth of 1976 who raised their voices against a system that was unfair and oppressive, we too celebrate the courage of fathers who are present, love their sons and daughters with an unconditional acceptance, and are working hard to provide a future that they were often deprived of.

We as Herschel Prep acknowledge the voices of our youth and will always strive to ensure that they are considered and heard through our engagement with them. We may not always get it right, but we will strive to honour and hear the voices of our young ladies who are the future generation.



Pre-Prep

Our Pre-Nursery girls definitely strengthened their fine motor muscles this week. They painted with bubble wrap, used autumn leaves to make the mane of the lion and stickers to show the water the elephants were spraying. They painted their hands to make the leaves on a tree and built many puzzles. Our girls certainly enjoyed all the activities.



Foundation Phase

Congratulations to our Stars of the Week



- Grade 1A: Zime Maila, Lucy Lamb-Hughes
- Grade 1al: Jamie Alford, Zarah Chitate
- Grade 2A: Sophia Hall, Mia Knight
- Grade 2al: Elizabeth Edwards, Emilia-Marie Vanreusel
- Grade 3A: Bella Hughes, Hannah Daniels
- Grade 3al: Kundiso Runyowa, Zoe Lowan



Intermediate Phase

**Bon
Appetit!**

Adapted from **Trolls**

I would like to formally convey my appreciation to all the staff, students, service providers and parents who assisted with the production of Bon Appetit. Its success rested in your commitment and dedication to ensure that this production was of the highest quality. I am in awe of the team work, talent and sheer grit that was displayed over the last term in preparing and ultimately staging such a production .

I am a super proud Head of Prep.

Renee Swartz



SEEP

We were treated to a most informative and interesting talk on nutrition by registered dietician, Nicole Rimmer.

Included were the basics on the food groups required for young girls, the role of supplements, as well as the very important mental relationship with food – how do we talk about it, how is it role modelled etc.

With regards to questions around lunchboxes, Nicole wisely suggested that you include your child in the decision making of what food will be good fuel for the body and brain (choices within parameters set by you as parent), how long is the day going to be, when am I going to eat what.

Click on the link for the presentation: [Presentation by Nicole Rimmer](#)

Music, Art and Culture

The Grade 1s had an exciting lesson with our cello specialist teacher, Ms Lynne Donson, during Class Music this week. This was a lovely addition and conclusion to this year's Instrumental Programme through which they have experienced playing the violin, recorder, ukulele, as well as percussion instruments. Click on the link to get a glimpse of the girls in action [Grade 1 Class Music Video!](#)



Community Engagement

This term our *civvies day fundraiser* on **23 June**, is for the PDSA - Peoples Dispensary for Sick Animals. Please pay to wear your civvies on the Karri App.

Our Mission

The People's Dispensary for Sick Animals continues in its efforts to provide veterinary care of the highest standards to our poorer communities. Despite the challenging economic times, it is our commitment to this cause that continues to attract pet owners to our hospitals and clinics. Please visit our website to find out more: <https://www.pdsa.org.za/>



June/July Holidays: Chores for a Cause: Chores for a cause sponsorship forms will be sent home this holiday. Each girl is asked to do some chores around the house and for parents to sponsor their efforts so that we can purchase stationery packs for the 644 children at Kewtown Primary. The aim is for the girls to raise R90 for this worthy cause by completing various chores during the holidays. Please support your daughters in this regard.

Fikalela Youth Care Centre needs your help. Please click on the link to find out more: [Fikalela Youth Care Centre Info](#)

Sustainability



Eco Warrior Badges

Congratulations to the following girls who were awarded their Eco Badges. Mackenzie Abernethy (pink); Anabel Mandy Woodcock (silver) and Amelia Mandy Woodcock (gold) who was absent on the day. Thank you, girls, for your perseverance and commitment.

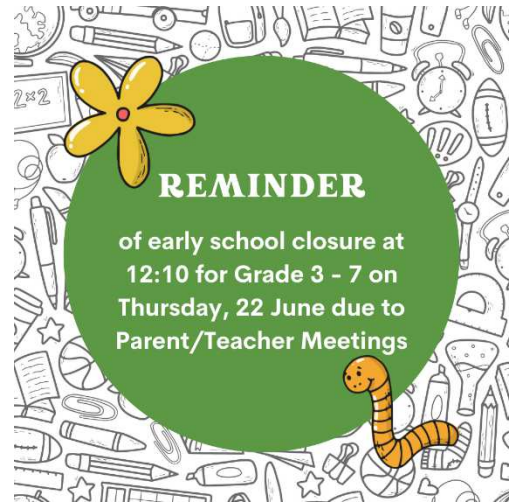


Important Notices

Ballet

We welcome Megan Swart , the new Ballet teacher to Herschel Prep School. She will be the new service provider coordinating and teaching Ballet to our community. We wish to take this opportunity to thank Richard Hartslielief who leaves us at the end of the term.

Please contact Megan on megan.vivien@gmail.com if you interested in signing up for Ballet lessons.



REMINDER
of early school closure at 12:10 for Grade 3 - 7 on Thursday, 22 June due to Parent/Teacher Meetings

Become A Sponsor!

An opportunity for sponsorship!

We are wanting to install electronic signboards at the entrances to the Preparatory and Senior schools and are hoping that there might be a parent/organisation looking for a sponsorship opportunity in the educational space. The signboards will assist us with communication, notices and updates on a daily and weekly basis and sponsors will be permitted to run their advertorial content in between this school information.

Please contact marketing@herschel.org.za should you be interested in finding out more about this sponsorship opportunity.

TERM 3 PLANNER

COMING SOON

THIS WILL BE AVAILABLE FROM NEXT WEEK. WE HAVE LOTS OF EXCITING ACTIVITIES PLANNED. PLEASE DIARIZE IMPORTANT DATES AND EVENTS.

As part of the Trolls Raffle, RollerCade have very kindly offered a discount to all Herschel families. See info below:



GET 20% OFF YOUR BOOKING AT ROLLERCADE!
WEEK DAYS ONLY

USE THE CODE: HERSCHEL

TO BOOK VISIT OUR WEBSITE WWW.ROLLERCADECOZA

BOOKINGS ARE ESSENTIAL



I would like to take this opportunity to wish our dads a Happy Father's Day. We honour all our dads, especially those who are no longer with us. These are just a sneak peak of the delightful drawings of our Grade Rs with their dads.



Have a peaceful long weekend.

Kind regards
Reneé Swartz
Head of Preparatory

